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ISSUE 444

How to make ANY MAN want YOU in 2 MINUTES



SO, WILL HE BE LIKE HIS DAD?

Our experts analyse your scores and tell us what the future holds for your man

27+

HE'S TURNING INTO HIS OLD MAN

'Your boyfriend is clearly close to his dad and has probably inherited a lot of his habits. The more time they spend together, the more his dad will influence his attitudes towards women and relationships,' says relationship psychologist Susan Quilliam. 'For example, if your man has always seen his dad treating his wife well, he'll mimic that behaviour in his own relationships. But on a more serious note, a man is far more likely to cheat if his dad has been unfaithful.'

'Physically, there are a lot of traits that your bloke will inherit from his dad,' says personal trainer Anthony Mayatt from breathefitness.uk.com. 'A man's body shape is determined by his parents, unless he does something to actively change it. Regular exercise and a healthy diet are the best ways to maintain a youthful appearance, so it's worth encouraging your bloke to stay as active as possible.'

13-26

IT COULD STILL GO EITHER WAY

'While your man is close to his dad, they don't live in each other's pockets, so it's likely they disagree on some things,' says Susan Quilliam, relationship expert. 'As things stand, there are still generational differences in their interests and attitudes but it will be interesting to see how their relationship

develops over the next few years. They could become increasingly alike or drift further apart.'

'If your bloke's not a big fan of exercise, it's likely that his body shape will adapt similarly to his dad's,' says Anthony Mayatt from breathefitness.uk.com. 'His physique will depend on how he maintains his lifestyle as he gets older. A lot of people can eat what they like while they're young but their metabolism slows throughout their twenties, making it easier to put on weight and harder to shift it.'

0-12

HE'S BROKEN THE MOULD

'It sounds like there are big differences in your bloke's attitudes and interests, which are likely to be the result of different generational outlooks,' says Susan Quilliam, relationship expert. 'Also, while it's common for a man to inherit his dad's attitudes and values, personality is much less determined by his family. Rather than adopting all his behaviour from his dad, he might have friends who have made an impact on his personality.'

'Genetics plays a big part in what men look like as they get older but lifestyle also plays a huge factor,' explains Anthony Mayatt from breathefitness.uk.com. 'If your bloke spends a lot of time working out, has a physically demanding job, or watches what he eats, it's likely he'll sculpt his body the way he wants it, rather than the shape his dad may have.'

OUR FAVOURITE CELEBS AND THEIR DADS



BRAD AND WILLIAM PITT
Brad's the spitting image of his dad, but Pitt Senior looks like he scrubs up better than his scruffy son. Lose the beard Brad!



DAVID AND TED BECKHAM
David reportedly fell out with his dad over a tell-all book. They've since reconciled, but we hope he doesn't inherit Ted's hairline.



LEO AND GEORGE DICAPRIO
Leo has described his dad as a 'die-hard hippie with long hair and a beard'. Is Leo's goatee a sign he's heading in the same direction?



JUSTIN AND RANDY TIMBERLAKE
Justin Timberlake inherited his musical talents - and his bountiful barnet - from his Baptist choir director dad.